A blue and orange circle with white text

Description automatically generated

**Job Description: Qualified Psychological Wellbeing Practitioner**

|  |  |
| --- | --- |
| **Responsible to** | Clinical Locality Manager/Team Leader |
| **Salary** | NHS B5 + 2yrs (fixed point) £32,324 |
| **Hours** | 37.5 |
| **Job Family and Level** | Mental Health Case Worker Level 2 |
| **Annual Leave** | 25 (rising to 30 days after 5 years) |
| **Based** | Oakland House (hybrid working) |

|  |
| --- |
| Main Aims of the Post |
| Responsibilities are to provide disorder specific assessments and evidence-based low intensity interventions for people with anxiety disorders and/or depression. Offer a wide range of treatments, including telephone and online treatment and group workshops. You will:   * Manage a case load of clients. * Provide assessment and Low intensity interventions to clients drawing from CBT theories and techniques. This work may be face to face, telephone, group, or via other media. * Deliver a range of evidence based one-to-one or group interventions. * Support events within the community. * Promote the service, and where necessary to generate referrals. |

|  |  |
| --- | --- |
| Main duties | |
| **1** | To use a range of evidence-based tools and techniques for assessments, goals, and motivating clients. |
| **2** | To manage a varied caseload of clients. |
| **3** | To work with groups of clients to help them achieve their goals. |
| **4** | To collate and analyse performance data, as necessary. |
| **5** | To refer and liaise with other service providers by working in a work in a place- based way. You will achieve this through developing effective relationships with a range of internal and external services and agencies. |
| **6** | To promote the service to communities and agencies as appropriate. |
| **7** | To keep accurate and up to date client records and regularly monitor outcomes and progress. |
| **8** | To ensure quality standards are adhered to and met and that audits are passed. |
| **9** | To ensure all statutory responsibilities are followed and reported as required. |
| **10** | Ensure the maintenance of standards of practice according to SHS and any relevant regulation (e.g. BABCP Code of Ethics) and keep up to date on new recommendations/guidelines set by the department of health (e.g. NHS plan, National Service Framework, National Institute for Clinical Excellence). |

|  |  |
| --- | --- |
| General Work-Related Expectations | |
| **1** | To work within The Big Life group’s values, ethos, and vision. |
| **2** | To contribute to the development of The Big Life group |
| **3** | To work in accordance with all policies and procedures of The Big Life group |
| **4** | To identify and attend training as required |
| **5** | To work in accordance with all relevant legislation |
| **6** | To undergo regular one to one meetings and an annual review |
| **7** | To undertake any other duties as required, appropriate to the post |

**Person Specification: Qualified Psychological Wellbeing Practitioner**

The successful candidate will be able to demonstrate that they meet all the following points.

|  |  |  |
| --- | --- | --- |
|  | | **Method of Assessment** |
| **Employment experience** | | |
| 1.1 | Experience of working with people facing a range of barriers and social issues | A/I/P |
| 1.2 | Experience of managing a caseload of clients and keeping up to date records using a database | A/I |
| 1.3 | Experience of working with individuals (1-2-1) and groups of people in different settings to help them achieve their goals | A/I |
| 1.4 | Experience of working with a range of agencies and organisations to develop effective working relationships | A/I |
| 1.5 | Experience in one or more of the following fields: mental health, family support, physical health, smoking cessation, diet and exercise, employment, social inclusion, or debt management | A/I |
| 1.6 | Experience of providing clinical interventions for common mental health problems | A/I |
| **Educational Background/Training** | | |
| 2.1 | Qualified Psychological Wellbeing Practitioner (or nearing Qualification) | A/I |
| 2.2 | Registered PWP, or working towards registration |  |
| **Knowledge** | | |
| 3.1 | Knowledge of the barriers and issues facing our client group | A/I |
| 3.2 | Knowledge of the local area your service is based in (community groups, services available as well as local demographics) | A/I |
| Skills | | |
| 4.1 | Ability to use a database/ability to learn how to use a database | A/I/T |
| 4.2 | Ability to assist clients to help them define and achieve their goals and aspirations | A/I |
| 4.3 | Ability to manage a varied and complex workload effectively | A/I |
| 4.4 | Ability to work well across a range of different subject areas such as housing, mental health, education, and debt management for example | A/I |
| 4.5 | Ability to work with staff from a range of agencies and organisations to better integrate services for clients | A/I |
| **Personal** | | |
| 5.1 | Positive outlook and a ‘can do’ attitude | A/I |
| 5.2 | Personal resilience and flexible attitude in the face of difficulties | A/I |
| 5.3 | Commitment to working towards the Big Life group’s ethos and values, including having a non-judgemental approach | A/I |
| 5.4 | Commitment to personal development and willingness to regularly update skills and experience | A/I |

**Key:** A = Application Form, Interview = I, T = Test, P = Presentation